



## **St Augustine's Catholic College Bronze Expedition 2019**

### **Parent information – year 9 group**

Dear Parent

I'm sure you join me in saying a big well done to the intrepid expeditioners who successfully completed their practice expedition last weekend. Below is information about the Qualifying expedition which is the next part of the process.

#### **Bronze Qualifying (Assessed) Expedition 8/9 June 2019**

This expedition will start at Avebury with teams walking across the Marlborough Downs where they will camp at a basic farm campsite overnight. Sunday's route will finish at Barbury Castle.

We would recommend lift sharing wherever possible.

Please can you drop off/pick up your child at the following locations and times:

Drop off: Avebury Car Park, postcode SN8 1RF.  
Teams 1-4 at 10am  
Teams 5-8 at 10.30am

Pick up: Barbury Castle car park, postcode SN4 0QH, at 2.30pm.  
(Teams are due to arrive around 2.30pm but please be prepared to wait in case your child's team has had an eventful day and is late finishing.)

#### **Expedition food & kit:**

Teams had a full rehearsal for this expedition last weekend and will be familiar with the food and kit requirements for this expedition. If you have any questions please don't hesitate to contact me. The kit list is overleaf.

If you have any concerns or questions, or would like to discuss anything relating to the expedition section, please contact our DofE Manager, Louise at [dofe@wolt.org.uk](mailto:dofe@wolt.org.uk)

## Bronze/Silver Expedition Kit List

Please note: If you have any difficulty providing these items, please talk to the expedition leaders who may be able to lend kit to you.

### **Clothes to wear:**

- ☺ **Cotton trousers or tracksuit bottoms (no jeans)**
- ☺ **Tee shirt (vest tops are not suitable)**
- ☺ **Non-bulky pullover or thin fleece**
- ☺ **Two pairs of socks**
- ☺ **Walking boots or sturdy trainers. Sports trainers are not suitable.**

### **Personal Kit:**

- ☺ **Rucksack – should be minimum 60 litre in size**
- ☺ **Waterproof jacket (and waterproof trousers if you have them)**
- ☺ **Tent, sleeping bag and sleep mat. Small pillow if wanted.**
- ☺ **All food for the expedition, plus water bottle filled with fluid (minimum 1 litre)**
- ☺ **Plate/bowl/mug (plastic is best) and heatproof cutlery**
- ☺ **Gloves & Hat (woolly hat/sunhat whichever is appropriate)**
- ☺ **Small torch**
- ☺ **Personal First Aid kit (blister plasters, antiseptic wipes, plasters etc)**
- ☺ **Emergency rations/snacks (high energy foods eg nuts, glucose tablets, oat bars, chocolate bars)**
- ☺ **Spare Clothing: Long sleeved T-shirts (extra thin layers provide warmth but are not bulky in your rucksack) or jumper/fleece to wear in bed. Leggings/longjohns for warmth if weather is cold, extra pairs of socks**
- ☺ **Sandals/flipflops to change into at campsite (optional)**
- ☺ **Toiletries (optional)**

### **Kit that can be shared between team members:**

- ☺ **Washing up kit (washing up liquid, scouring sponge, tea towel)**
- ☺ **Matches**
- ☺ **Rubbish bags**
- ☺ **Suntan lotion (SPF30+ recommended)**

**Top Tip** – take a look at the weather forecast to ensure you are packing appropriate kit for the weather you are expecting.

WOLT will provide maps, compasses, stoves & fuel. We can also provide tents if requested.