

## **Stretch and Challenge Activities for Psychology**

### **KS3 & KS4**

If you interested in finding out more about Psychology and what it is, have a look at the following websites:

<https://www.bps.org.uk/>

<https://digest.bps.org.uk/>

<https://thepsychologist.bps.org.uk/>

<https://www.ted.com/talks?topics%5B%5D=psychology>

<https://www.youtube.com/playlist?list=PL8dPuualjXtOPRKzVLY0jJY-uHOH9KVU6>

### **KS5**

#### **1. Useful to follow on social media**

[@BPSOfficial](#)

#### **2. Useful websites to support subject knowledge/planning in their subject**

<https://www.bps.org.uk/>

<https://digest.bps.org.uk/>

<https://thepsychologist.bps.org.uk/>

<https://www.ted.com/talks?topics%5B%5D=psychology>

<https://www.youtube.com/playlist?list=PL8dPuualjXtOPRKzVLY0jJY-uHOH9KVU6>

#### **3. Relevant books to read**

The Little Book of Psychology by Emily Ralls and Caroline Riggs

The Brain: What it does, how it works & how it affects behaviour by Catherine Loveday

The Happiness Hypothesis by Jonathan Haidt

The Lucifer Effect: Understanding How Good People Turn Evil by Philip Zimbardo

The Psychopath Test: A Journey Through the Madness Industry by Jon Ronson

Introducing Psychology: A Graphic Guide to Your Mind and Behaviour by Nigel Benson

Psychology: A Very Short Introduction by Gillian Butler and Freda McManus

As Mr Wilson for a full reading/media list

#### **4. How to keep up-to-date with developments in the subject/curriculum**

Keep an eye of on the exam board website. There are past papers and mark schemes for you to look at and get more familiar with how the exams will look.

#### **5. Any other golden nuggets?**

There are some great psychology films out there on streaming services to watch, including Three Identical Strangers, 100 Humans, Inside Out, Shutter Island.

Speak to your teacher if you are looking for something to watch to support your learning!

**Some questions to consider:**

How much control do we really have over our behaviour?

What is abnormality?

Are murderers born or made?

How and why do we remember?

Can we/should we calculate how to control other people?

Does our culture influence our obedience?

Is there a 'right' way to raise children?