

St Augustine's PSHE Curriculum 2020-2021

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 7	Transition to Secondary Transition to secondary school, managing change, getting organised	Careers: developing skills and aspirations Careers, teamwork and enterprise skills, and raising aspirations	Diversity Diversity, human rights, prejudice, discrimination, and cyber-bullying	Drugs: smoking Introduction to drugs, peer pressure, dangers of smoking, advertising influences	Digital literacy Online safety, digital literacy, media reliability, sharing personal information	Money Matters: spending Developing financial awareness, Bank of England, consumer responsibilities
Year 8	Emotional wellbeing Mental health, emotional wellbeing, body image, coping strategies and male stereotypes	Careers: opportunities Stereotypes and discrimination in work, Equality Act, employment, self-employment and voluntary work	Discrimination Diversity, racism, Black Lives Matter, sexism, disability discrimination and HCPT	Drugs: alcohol Alcohol misuse, reasons, causes, peer pressure, consequences, homelessness	British Values: democracy Democracy, monarchy, House of Commons/Lords, voting, local MPs	Money Matters: budgeting Saving, borrowing, budgeting and applying financial choices to a business enterprise
Year 9	Healthy lifestyle Personal and social health, sleep, cancer screening and first aid	Careers: setting goals Learning strengths, career options and goal setting as part of the GCSE options process, employability and online presence	Discrimination Stonewall Riots, homophobia, religious discrimination, bullying and Islamaphobia	Drugs: categories Substance misuse, including class A, B and C drugs, festival/party dangers, laws, social implications	British Values: rule of law Morality of law, totalitarianism, communism, anarchy	Money Matters: gambling Chance based, skill based, laws, dangers, warning signs, consequences, where to get help
Year 10	Mental health Mental health and ill health, stigma, safeguarding health, including during periods of transition or change	Careers: work experience CV writing and readiness for work, application processes and work experience preparation	Extremism and radicalisation Communities, diversity, belonging and challenging extremism, dangers of influences	Exploring influence The influence and impact of gangs, drug trafficking, peer influence and role models	British Values: individual liberty Human rights in a global context: UK, UN, North Korea, India and Africa	Money Matters: debt The impact of financial decisions, debt, interest rates and fraud
Year 11	Money Matters: bank accounts Opening a bank account, different products, benefits, credit score, pay slips, tax	Careers: next steps Linking values with careers, SMART targets, post-16 options including BTEC and apprenticeships	Independence Emergency first aid, terrorist attack response, vaccinations, blood/organ donation, registering with doctors/opticians.	Revision and exam preparation Revision strategies, timetables, organisation, exam skills	Building for the future Self-efficacy, exam stress management, motivation, perseverance and resilience	